

# Start-Work Checks

## Working at Heights



**Start-Work Authority:** Confirm below are in place and verified prior to starting work

<b>Save Your Life Actions</b>	<b>Person(s) Performing Work (initial)</b>	<b>Start-Work Verifier (initial)</b>
All exposed persons performing work must confirm each action below.		
<b>I have confirmed:</b>		
1 Fall protection equipment (fall arrest and fall restraint) is certified, inspected and rated for the task.		
2 Rescue plan has been reviewed with work crew and rescue equipment is available.		
3 Fall protection equipment is adjusted to fit the worker.		
4 Work crew agreed to be 100% tied off to the identified, approved anchorage point(s).		
5 Fall path is clear of obstructions or mitigations have been implemented to address hazards.		
6 Potential dropped objects have been identified and mitigated.		
7 Work crew has agreed that no team member will work at height alone.		

**Stop and seek help if any of the above safeguards are not in place**

Work Permit No.: \_\_\_\_\_

Role	Printed Name	Date
Start-Work Verifier		

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